

# Medications That Interfere with Skin Testing

If possible, **STOP** the following medications for **ONE WEEK** prior to your appointment if skin testing needs to be performed. The minimum number of days required is specified below. This list is not comprehensive, but illustrates the most common medications.

Minimum **3** days prior to appointment

H1-Receptor Antagonists:

Diphenhydramine (Benadryl, Tylenol Cold, Tylenol Flu, Tylenol PM, Sominex)  
Doxylamine (Unisom)

H2-Receptor Antagonists:

Ranitidine (Zantac)  
Famotidine (Pepcid)  
Nizatidine (Axid)  
Cimetidine (Tagamet)

Nasal Antihistamines:

Azelastine (Astellin, Astepro, Dymista)  
Olopatadine (Patanase)

Sleep Medications:

Zolpidem (Ambien)

Minimum **5** days prior to appointment

H1-Receptor Antagonists:

Cetirizine (Zyrtec)  
Loratadine (Claritin, Alavert)  
Fexofenadine (Allegra)  
Levocetirizine (Xyzal)

*\*Many antihistamines are hidden in over the counter cold preparations and sleep medications.*

Minimum **7** days prior to appointment

H1-Receptor Antagonists:

Hydroxyzine (Atarax, Vistaril)  
Promethazine (Phenergan)  
Chlorpheniramine (Tussi 12-S)  
Brompheniramine (Dimetapp)  
Clemastine  
Dexchlorpheniramine  
Doxepin Topical  
Dimhydrinate (Dramamine)

Herbal Supplements:

Ephedrine  
Primatine Tabs  
Ma Guang

**The following medications may interfere with skin testing, but due to the nature of these medications (and associated conditions), we DO NOT recommend stopping them unless under guidance from your physician.**

Tricyclic Antidepressants:

Sinequan (Doxepin)  
Amitriptyline (Elevail)  
Amoxapine (Asendin, Defanyl, Demolox)  
Desipramine (Norpramin)  
Imipramine (Tofranil)  
Nortriptyline (Pamelor)  
Protriptyline (Vivactil)  
Trimipramine (Surmontil)

Benzodiazepines:

Diazepam (Valium)  
Alprazolam (Xanax)  
Clonazepam (Klonopin)  
Lorazepam (Ativan)

Antipsychotics:

Quetiapine (Seroquel)  
Mirtazapine (Remeron)

Other:

Bupropion (Wellbutrin)  
Trazodone (Desyrel)

## Continue the Following Medications

Proton-Pump Inhibitors: Omeprazole (Prilosec), Pantoprazole (Protonix), Lansoprazole (Prevacid), Esomeprazole (Nexium), Rabeprazole (AcipHex).

All asthma inhalers.

Leukotriene receptor antagonists: Montelukast (Singulair), Zileuton (Zyflo), Zafirlukast (Accolate).

Nasal corticosteroids, anticholinergics and mast cell stabilizers (but not those mixed with nasal antihistamines, see above under nasal antihistamines): Fluticasone propionate (Flonase), Fluticasone furoate (Veramyst), Mometasone furoate (Nasonex), Budesonide (Rhinocort), Triamcinolone acetonide (Nasacort), Ciclesonide (Omnaris), Beclomethasone dipropionate (Q-Nas), Flunisolide, Cromolyn sodium, Ipratropium bromide (Atrovent).

SSRI and SNRI antidepressants: Citalopram (Celaxa), Escitalopram (Lexapro), Fluoxetine (Prozac), Praxetine (Paxil, Pexeva), Sertraline (Zoloft), Duloxetine (Cymbalta), Venlafaxine (Effexor), Desvenlafaxine (Pristiq).