



Endoscopy
MoviPrep

Information about your: COLONOSCOPY

WHAT IT IS: We use a fiber optic scope to examine the interior part of the bowel. Images from the scope are transmitted to a TV screen.

PURCHASE AT THE PHARMACY:

- MoviPrep (Prescription) – Prep Kit will contain 4 pouches and a disposable container for mixing.

PREPARATION AND REMINDERS:

- Stop taking Plavix & Aspirin 7 days prior to test.
- Stop taking Coumadin 3 days prior to test.
- You will need to bring someone to drive you home.

DAY BEFORE:

- In the morning, *prepare your first container of the MoviPrep solution and refrigerate.*
- You will need to drink clear liquids for breakfast, lunch, and dinner. (Water, apple juice, cranberry juice, white grape juice, Gatorade, tea, bouillon broth, coffee without cream, any type of soda, and plain jell-o. **NO SOLID FOODS, NOTHING WITH A RED DYE, PULP OR DAIRY PRODUCTS!!!**)
- At **6pm** begin drinking MoviPrep as directed – **8 oz every 15 minutes** until the full liter is complete. *Prepare 2ND Container of MoviPrep solution and refrigerate.* Drink an additional **16 oz of any clear liquid** before bedtime. (You may take prescribed medications at this time).

DAY OF PROCEDURE:

- **4 hours prior to leaving for your procedure** begin drinking MoviPrep as directed – **8 oz every 15 minutes** until the full liter is complete. Drink an additional **16 oz of any clear liquid** until gone
- Arrive 60 minutes early for this procedure.

BEFORE THE EXAM, NOTIFY US IF:

- You are taking any medications
- **You are unable to complete your prep. We may need to reschedule your procedure.**

HOW IT IS DONE: We use gentle sedation to where the patient is comfortable.

TIME: The procedure will take approximately 30 minutes

AFTER THE TEST: You will remain in recovery for evaluation for a minimum of 30 minutes as directed by the Colorectal Surgeon. After discharge, you may resume normal activity over next 10 hours.

IMC
5121S COTTONWOOD ST
MURRAY UT
GEORGE S & DELORES DORE ECCLES
OUTPAITENT BLDG 2ND FLOOR
801.507.3262
Appt Day M T W Th F

WEC
1220E 3900S STE 1B
SALT LAKE CITY UT
801.281.3657

PARK CITY
900 ROUND VALLEY RD
PARK CITY UT
435.655.7000

ST GEORGE
676 S BLUFF ST
ST GEORGE UT
435.673.8080

Appt Date: _____ Arrival Time: _____