

Endoscopy
SUPREP Prep

Information about your: COLONOSCOPY

WHAT IT IS: We use a fiber optic scope to examine the interior of the bowel. Images from the scope are transmitted to a TV screen.

PURCHASE AT THE PHARMACY:

- 1 SUPREP Bowel Prep Kit

PREPARATION AND REMINDERS:

- Stop taking Coumadin, Plavix & Aspirin 7 days prior to test.
- You will need to bring someone to drive you home.

FIVE DAYS PRIOR TO THE PROCEDURE:

- Restricted residue diet – DO NOT eat nuts, seeds, popcorn and corn. Discontinue all fiber supplements.

DAY BEFORE THE PROCEDURE:

- Follow a clear liquid diet only for the entire day. **NO SOLID FOODS, NOTHING WITH A RED DYE, PULP OR DAIRY PRODUCTS!!!**
- At **6pm** Pour 1 6 oz bottle of SUPREP liquid into the mixing container, add cool drinking water to the 16 oz line on the container and mix. Drink all the liquid in the container.
- You **must** drink 2 more 16 oz containers of water over the next hour.
- Continue drinking clear fluids until bedtime.

DAY OF PROCEDURE:

- At **4am** Pour 1 6 oz bottle of SUPREP liquid into the mixing container; add cool drinking water to the 16 oz line on the container and mix. Drink all the liquid in the container.
- You **must** drink 2 more 16 oz containers of water over the next hour.
- After prep is completed do not eat or drink anything else until after the procedure.

BEFORE THE EXAM, NOTIFY US IF:

- You are taking any medications
- **You are unable to complete your prep. We may need to reschedule your procedure.**

HOW IT IS DONE: We use gentle sedation to where the patient is comfortable.

TIME: The procedure will take approximately 30 minutes.

AFTER THE TEST: You will remain in recovery for evaluation for a minimum of 30 minutes as directed by the Colorectal Surgeon. After discharge, you may resume normal activity over next 10 hours.

IMC
5121S COTTONWOOD ST
MURRAY UT
GEORGE S & DELORES DORE ECCLES
OUTPATIENT BLDG 2ND FLOOR
801.507.3262
Appt Day M T W Th F

WEC
1220E 3900S STE 1B
SALT LAKE CITY UT
801.281.3657

PARK CITY
900 ROUND VALLEY RD
PARK CITY UT
435.655.7000

ST GEORGE
676 S BLUFF ST
ST GEORGE UT
435.673.8080

Appt Date: _____ Arrival Time: _____